



Race Registration



Please send registration and check to:
"Kupenda for the children" PO Box 473 Hampton, NH 03843

Name _____

Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work Phone _____

Email address _____

Age _____ Male _____ Female _____

T-Shirt Size: please circle size

Adult Small Adult Medium Adult Large Adult XL Adult XXL Adult XXXL

I'm registering for the 5K run (\$25) _____

I'm registering for the 1-mile walk (\$20) _____

Release and waiver (Please Read and sign)

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and inconsideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation .

The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. Minors will be accepted with a parent's signature.

Signature (If under 18 parent or guardian must sign)

Date